

Natalie Leff-McClory

SPEAKER * WRITER * ALCHEMIST

People with a high emotional health baseline experience more job satisfaction, are better team players, and effectively contribute to lasting organizational growth.

Natalie's sessions bring clarity, honesty, and meaning to the challenges people and organizations face. Whether the goal is to find the purpose in difficult times, build a more resilient mindset, or reset disconnected cultures, Natalie guides thought-provoking conversations and offers powerful tools that help people grow through what they go through.



SIGNATURE SESSIONS

The Alchemy of Pain:

Perspective, Agency, and the Power of Choice.

Turn emotional struggle into an opportunity for personal evolution. This session offers perspective shifts and practical tools to reclaim a new self in the aftermath of transformational pain.

The Pursuit of Happiness:

Building a Sustainable Relationship with Joy.

Reimagine what happiness means by uncovering its nuances, setting a sustainable baseline, and aligning your energy with what truly fulfills you.

How to Feel, Better:

Words Matter in the Mental Health Conversation.

Explore how the language and culture around mental health shape our experience, and how intentional shifts can lead to emotional awareness, healing and empowerment.

Organizational Positivity:

Intentional Culture Building for Better Outcomes.

More than a buzz word, this session shows how positivity can be taught, practiced, and embedded in workplace culture for better teams and increased productivity.

AVAILABLE FORMATS

- Keynotes/Seminars
- Workshops
- Custom Experiences
- Tailored for audiences

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